

<b>National Record Women</b>						
<b>Country</b>	<b>Double</b>			<b>Triple</b>		
<b>2016-10-20</b>	<b>Name</b>	<b>Year/Event</b>	<b>Record</b>	<b>Name</b>	<b>Year/Event</b>	<b>Record</b>
Argentina						
Australia						
Austria	Tahedl	2018/Bad Blumau Austria	30:07:23 h	Tahedl	2017/Bad Blumau Austria	46:11:24 h
Bahreïn	Saliba	2018/Bad Blumau Austria	45:27:58 h			
Belgium						
Brasil						
British Virgin Island						
Canada	Linn	2007/ Lévis	24:54:06 h	Hill	2017 / Virginia	55:22:31 h
Colombia						
Croatia	Covic	2014/Slovenia	32:06:44 h	Covic	2016/Bad Blumau Austria	53:16:05 h
CZECK Respublic	Kolbova	2014/Slovenia	28:49:13 h	Kolbova	2015 / Lensahn	46:55:26 h
Denmark	Jensen	1997/Panevezis	24:26:41 h	Steengaard	2018/Lensahn	51:12:06 h
Ecuador						
Estonia	Viilas	2016/Lithuania	23:31:38 h			
Finland	Hepo-Oja	2018/Lithuania	30:57:26 h			
France	Morvan	2001/Fontanil	30:18:00 h	Zacharias	2016/Lensahn	57:49:33h
Germany	Benöhr	1992/Lelystad	23:45:02 h	Benöhr	1996/Lensahn	37:54:54 h
Great Britain	Hollinshead	2008/Lichfield	28:36:26 h			
Greece						
Guatemala	Echeverria	2017/Oregon	39:03:35 h			
Hungary	Malatinszky	2001/Neulengbach	26:38:28 h	Panczel	2018 / Bad Blumau	52:44:57 h
Ireland	Nugent	1995/Panevezis	27:48:00 h			
Italia						

<b>National Record Women</b>						
<b>Country</b>	<b>Double</b>			<b>Triple</b>		
<b>2016-10-20</b>	<b>Name</b>	<b>Year/Event</b>	<b>Record</b>	<b>Name</b>	<b>Year/Event</b>	<b>Record</b>
Japan	Endo	1987/Huntsville	26:33:00 h	Tanabe	1998/France	47:57:54 h
Letonia						
Lithuania	Ranceva	2016/Panevezis	24:17:39 h			
Luxembourg						
Malta						
Mexico	Andonie	1990/Leystad	25:58:26 h			
Netherland						
New Zealand	Couldrey	2015/Lake Anna Virginia	30:50:15 h			
Norway	Velastau	2015/Slovenia	25:43:01 h	Velastau	2018/Lensahn	39:29:43 h
Philippines						
Poland	Otto	2018/Lithuania	27:16:35 h			
Porto Rico	Degazon	2004/Neulengbach	32:12:40 h			
Romania						
Russia	Ladyshina	1996 /Panevezis	25:11:45 h			
Singapore						
Slovenia	Veslastau	2015/Slovenia	25:43:00 h			
South Africa						
Spain	Lopez	2018 / Bad Blumau	24:55:43 h			
Sweden	Johansson	2013/Tampa	32:37:38 h	Hellberg	2015/Lensahn	50:13:42 h
Switzerland	Wieneke	1996/Huntsville	26:05:29 h			
United State	Vogel	2011/Tampa	25:00:52 h	Castenada	1992/France	46:30:48 h

<b>National Record Women</b>						
<b>Country</b>	<b>Quadruple</b>			<b>Quintuple</b>		
<b>2016-10-20</b>	<b>Name</b>	<b>Year/Event</b>	<b>Record</b>	<b>Name</b>	<b>Year/Event</b>	<b>Record</b>
Argentina						
Australia						
Austria				Meixner	2018/Buchs	84:44:29 h
Bahrein						
Belgium						
Brasil						
British Virgin Island						
Canada				Hill	2016/Virginia	117:46:42 h
Colombia						
Croatia						
CZECK Respublic						
Denmark						
Ecuador						
Estonia						
Finland						
France						
Germany	Benöhr	1993/Hungary	56:14:00 h	Benöhr	1994/Den Hagg	86:44:37 h
Great Britain				Oliver	2005/Monterrey	124:08:07 h
Greece						
Guatemala						
Hungary						
Ireland						
Italia						

<b>National Record Women</b>						
<b>Country</b>	<b>Quadruple</b>			<b>Quintuple</b>		
	<b>2016-10-20</b>	<b>Name</b>	<b>Year/Event</b>	<b>Record</b>	<b>Name</b>	<b>Year/Event</b>
Japan						
Letonia						
Lithuania						
Luxembourg						
Malta						
Mexico	Andonie	1991/Hungary	53:41:00 h	Andonie	1991/Den Hagg	100:15:16 h
Netherland						
New Zealand						
Norway						
Philippines						
Poland						
Porto Rico						
Romania						
Russia						
Singapore						
Slovenia						
South Africa				Santilhano	2008/Monterrey	108:14:48 h
Spain						
Sweden						
Switzerland						
United State				Jepson	2016/Virginia	104:47:39 h

<b>National Record Women</b>							
<b>Country</b>	<b>Deca</b>			<b>15 Ultratriathlon</b>			
	<b>2016-10-20</b>	<b>Name</b>	<b>Year/Event</b>	<b>Record</b>	<b>Name</b>	<b>Year/Event</b>	<b>Record</b>
Argentina							
Australia							
Austria	Meixner	2017/Buchs	Switzerland	250:18:42 h			
Bahrein							
Belgium							
Brasil							
British Virgin Island							
Canada	Hill	2017/Buchs	Switzerland	281:29:44 h			
Colombia							
Croatia							
CZECK Respublic							
Denmark							
Ecuador							
Estonia							
Finland							
France							
Germany	Lindemann	2018/Buchs		336:45:04 h			
Great Britain							
Greece							
Guatemala							
Hungary							
Ireland							
Italia							

<b>National Record Women</b>						
<b>Country</b>	<b>Deca</b>			<b>15 Ultratriathlon</b>		
	<b>2016-10-20</b>	<b>Name</b>	<b>Year/Event</b>	<b>Record</b>	<b>Name</b>	<b>Year/Event</b>
Japan						
Letonia						
Lithuania						
Luxembourg						
Malta						
Mexico	Andonie	1992/Monterrey	249:14:52 h	Andonie	1995/Monterrey	403:01:54 h
Netherland						
New Zealand						
Norway						
Philippines						
Poland						
Porto Rico						
Romania						
Russia						
Singapore						
Slovenia						
South Africa						
Spain						
Sweden						
Switzerland	Wieneke	2002/Monterrey	321:04:45 h			
United State	Knolbach	2017/Buchs Switzerland	320:40:30 h			

<b>National Record Women</b>						
<b>Country</b>	<b>Double Deca</b>			<b>Quintuple one per day</b>		
<b>2016-10-20</b>	<b>Name</b>	<b>Year/Event</b>	<b>Record</b>	<b>Name</b>	<b>Year/Event</b>	<b>Record</b>
Argentina						
Australia						
Austria						
Bahrein						
Belgium						
Brasil						
British Virgin Island						
Canada						
Colombia						
Croatia						
CZECK Respublic						
Denmark						
Ecuador						
Estonia						
Finland						
France						
Germany				Klein	2018/Buchs	88:47:03 h
Great Britain				Smith	2018/Buchs	86:15:27 h
Greece						
Guatemala						
Hungary						
Ireland						
Italia						

National Record Women						
Country	Double Deca			Quintuple one per day		
	2016-10-20	Name	Year/Event	Record	Name	Year/Event
Japan						
Letonia						
Lithuania						
Luxembourg						
Malta						
Mexico	Andonie	1998/Monterrey	643:01:49 h			
Netherland						
New Zealand				Couldrey	2016/Virginia	75:56:55 h
Norway						
Philippines						
Poland						
Porto Rico						
Romania						
Russia						
Singapore						
Slovenia						
South Africa						
Spain						
Sweden						
Switzerland				Hürlimann	2018/Buchs	66:52:22 h
United State				Roche wallace	2016/Virginia	78:36:52 h



<b>National Record Women</b>						
<b>Country</b>	<b>Deca one per day</b>			<b>15 Ultratriathlon one per day</b>		
<b>2016-10-20</b>	<b>Name</b>	<b>Year/Event</b>	<b>Record</b>	<b>Name</b>	<b>Year/Event</b>	<b>Record</b>
Argentina						
Australia						
Austria	Meixner	2014/ Leon Mexico	149:30:08 h			
Bahrein						
Belgium						
Brasil						
British Virgin Island						
Canada						
Colombia						
Croatia						
CZECK Republic						
Denmark						
Ecuador						
Estonia						
Finland						
France						
Germany						
Great Britain						
Greece						
Guatemala						
Hungary						
Ireland						
Italia						

<b>National Record Women</b>							
<b>Country</b>	<b>Deca one per day</b>			<b>15 Ultratriathlon one per day</b>			
	<b>2016-10-20</b>	<b>Name</b>	<b>Year/Event</b>	<b>Record</b>	<b>Name</b>	<b>Year/Event</b>	<b>Record</b>
Japan							
Letonia							
Lithuania							
Luxembourg							
Malta							
Mexico							
Netherland							
New Zealand							
Norway							
Philippines							
Poland							
Porto Rico							
Romania							
Russia							
Singapore							
Slovenia							
South Africa							
Spain							
Sweden							
Switzerland							
United State							

National Record Women			
Country	Double Deca one per day		
2016-10-20	Name	Year/Event	Record
Argentina			
Australia			
Austria	Meixner	2016/ Buchs Switzerland	279:37:48 h
Bahreïn			
Belgium			
Brasil			
British Virgin Island			
Canada			
Colombia			
Croatia			
CZECK Respublic			
Denmark			
Ecuador			
Estonia			
Finland			
France			
Germany			
Great Britain			
Greece			
Guatemala			
Hungary			
<i>Ireland</i>			
Italia			

<b>National Record Women</b>			
<b>Country</b>	<b>Double Deca one per day</b>		
<b>2016-10-20</b>	<b>Name</b>	<b>Year/Event</b>	<b>Record</b>
Japan			
Letonia			
Lithuania			
Luxembourg			
Malta			
Mexico			
Netherland			
New Zealand			
Norway			
Philippines			
Poland			
Porto Rico			
Romania			
Russia			
Singapore			
Slovenia			
South Africa			
Spain			
Sweden			
Switzerland			
United State			