

National Record Women						
Country	Double			Triple		
10/20/2016	Name	Year/Event	Record	Name	Year/Event	Record
Argentina						
Australia						
Austria	Kaserbacher	2011/Neulengbach	24:08:08 h	Tahedl	2016/Bad Blumau austria	46:22:46 h
Bahrein						
Belgium						
Brasil						
British Virgin Island						
Canada	Linn	2007/ Lévis	24:54:06 h			
Colombia						
Croatia	Covic	2014/Slovenia	32:06:44 h	Covic	2016/Bad Blumau austria	53:16:05 h
CZECK Respublic	Kolbova	2014/Slovenia	28:49:13 h	Kolbova	2015 / Lensahn	46:55:26 h
Denmark	Jensen	1997/Panevezis	24:26:41 h			
Ecuador						
Estonia	Viilas	2016/Lithuania	23:31:38 h			
Finland	Lehto	2017/Emsdetten	33:13:56 h			
France	Morvan	2001/Fontanil	30:18:00 h	Zacharias	2016/Lensahn	57:49:33h
Germany	Benöhr	1992/Lelystad	23:45:02 h	Benöhr	1996/Lensahn	37:54:54 h
Great Britain	Hollinshead	2008/Lichfield	28:36:26 h			
Greece						
Hungary	Malatinszky	2001/Neulengbach	26:38:28 h			
Ireland	Nugent	1995/Panevezis	27:48:00 h			
Italia						
Japan	Endo	1987/Huntsville	26:33:00 h	Tanabe	1998/France	47:57:54 h

National Record Women						
Country	Double			Triple		
10/20/2016	Name	Year/Event	Record	Name	Year/Event	Record
Letonia						
Lithuania	Ranceva	2016/Panevezis	24:17:39 h			
Luxembourg						
Malta						
Mexico	Andonie	1990/Leystad	25:58:26 h			
Netherland						
New Zealand	Couldrey	2015/Lake Anna Virginia	30:50:15 h			
Norway	Velastau	2015/Slovenia	25:43:01 h	Velastau	2016/Lensahn	40:56:03h
Philippines						
Poland						
Porto Rico	Degazon	2004/Neulengbach	32:12:40 h			
Romania	Gruescu	Oregon/2016	38:42:55 h			
Russia	Ladyshina	1996 /Panevezis	25:11:45 h			
Singapore						
Slovenia	Veslastau	2015/Slovenia	25:43:00 h			
South Africa						
Spain						
Sweden	Johansson	2013/Tampa	32:37:38 h	Hellberg	2015/Lensahn	50:13:42 h
Switzerland	Wieneke	1996/Huntsville	26:05:29 h			
United State	Vogel	2011/Tampa	25:00:52 h	Castenada	1992/France	46:30:48 h

National Record Women						
Country	Quadruple			Quintuple		
10/20/2016	Name	Year/Event	Record	Name	Year/Event	Record
Argentina						
Australia						
Austria				Resnik	2005/Monterrey	138:17:23 h
Bahreïn						
Belgium						
Brasil						
British Virgin Island						
Canada				Hill	2016/Virginia	117:46:42 h
Colombia						
Croatia						
CZECK Respublic						
Denmark						
Ecuador						
Estonia						
Finland						
France						
Germany	Benöhr	1993/Hungary	56:14:00 h	Benöhr	1994/Den Hagg	86:44:37 h
Great Britain				Oliver	2005/Monterrey	124:08:07 h
Greece						
Hungary						
Ireland						
Italia						
Japan						

National Record Women						
Country	Quadruple			Quintuple		
10/20/2016	Name	Year/Event	Record	Name	Year/Event	Record
Letonia						
Lithuania						
Luxembourg						
Malta						
Mexico	Andonie	1991/Hungary	53:41:00 h	Andonie	1991/Den Hagg	100:15:16 h
Netherland						
New Zealand						
Norway						
Philippines						
Poland						
Porto Rico						
Romania						
Russia						
Singapore						
Slovenia						
South Africa				Santilhano	2008/Monterrey	108:14:48 h
Spain						
Sweden						
Switzerland						
United State				Jepson	2016/Virginia	104:47:39 h

National Record Women						
Country	Deca			15 Ultratriathlon		
10/20/2016	Name	Year/Event	Record	Name	Year/Event	Record
Argentina						
Australia						
Austria						
Bahreïn						
Belgium						
Brasil						
British Virgin Island						
Canada						
Colombia						
Croatia						
CZECK Respublic						
Denmark						
Ecuador						
Estonia						
Finland						
France						
Germany						
Great Britain						
Greece						
Hungary						
Ireland						
Italia						
Japan						

National Record Women						
Country	Deca			15 Ultratriathlon		
10/20/2016	Name	Year/Event	Record	Name	Year/Event	Record
Letonia						
Lithuania						
Luxembourg						
Malta						
Mexico	Andonie	1992/Monterrey	249:14:52 h	Andonie	1995/Monterrey	403:01:54 h
Netherland						
New Zealand						
Norway						
Philippines						
Poland						
Porto Rico						
Romania						
Russia						
Singapore						
Slovenia						
South Africa						
Spain						
Sweden						
Switzerland	Wieneke	2002/Monterrey	321:04:45 h			
United State						

National Record Women						
Country	Double Deca			Quintuple one per day		
10/20/2016	Name	Year/Event	Record	Name	Year/Event	Record
Argentina						
Australia						
Austria						
Bahreïn						
Belgium						
Brasil						
British Virgin Island						
Canada						
Colombia						
Croatia						
CZECK Respublic						
Denmark						
Ecuador						
Estonia						
Finland						
France						
Germany						
Great Britain						
Greece						
Hungary						
Ireland						
Italia						
Japan						

National Record Women						
Country	Double Deca			Quintuple one per day		
10/20/2016	Name	Year/Event	Record	Name	Year/Event	Record
Letonia						
Lithuania						
Luxembourg						
Malta						
Mexico	Andonie	1998/Monterrey	643:01:49 h			
Netherland						
New Zealand				Couldrey	2016/Virginia	75:56:55 h
Norway						
Philippines				Rendon	2015/Leon Mexico	83:48:04 h
Poland						
Porto Rico						
Romania						
Russia						
Singapore						
Slovenia						
South Africa						
Spain						
Sweden						
Switzerland						
United State				Roche wallace	2016/Virginia	78:36:52 h

National Record Women						
Country	Deca one per day			15 Ultratriathlon one per day		
10/20/2016	Name	Year/Event	Record	Name	Year/Event	Record
Argentina						
Australia						
Austria	Meixner	2014/ Leon Mexico	149:30:08 h			
Bahreïn						
Belgium						
Brasil						
British Virgin Island						
Canada						
Colombia						
Croatia						
CZECK Respublic						
Denmark						
Ecuador						
Estonia						
Finland						
France						
Germany						
Great Britain						
Greece						
Hungary						
Ireland						
Italia						
Japan						

National Record Women						
Country	Deca one per day			15 Ultratriathlon one per day		
10/20/2016	Name	Year/Event	Record	Name	Year/Event	Record
Letonia						
Lithuania						
Luxembourg						
Malta						
Mexico						
Netherland						
New Zealand						
Norway						
Philippines						
Poland						
Porto Rico						
Romania						
Russia						
Singapore						
Slovenia						
South Africa						
Spain						
Sweden						
Switzerland						
United State						

National Record Women			
Country	Double Deca one per day		
10/20/2016	Name	Year/Event	Record
Argentina			
Australia			
Austria	Meixner	2016/ Buchs Switzerland	279:37:48 h
Bahreïn			
Belgium			
Brasil			
British Virgin Island			
Canada			
Colombia			
Croatia			
CZECK Respublic			
Denmark			
Ecuador			
Estonia			
Finland			
France			
Germany			
Great Britain			
Greece			
Hungary			
Ireland			
Italia			
Japan			

National Record Women			
Country	Double Deca one per day		
10/20/2016	Name	Year/Event	Record
Letonia			
Lithuania			
Luxembourg			
Malta			
Mexico			
Netherland			
New Zealand			
Norway			
Philippines			
Poland			
Porto Rico			
Romania			
Russia			
Singapore			
Slovenia			
South Africa			
Spain			
Sweden			
Switzerland			
United State			